

# Preschool Lunch

Monday, Dec 3, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Chicken Quesadilla	SERVING	303	45	570	3.00	2.70	200.00	300	0.00	3.00	19.00	32.00	11.00	5.00
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Peas and Corn	.50 cup	76	0	31	2.47	0.53	7.96	704	310.97	4.71	3.62	16.75	0.72	0.02
Cucumber	SERVING, 3.0 oz	10	0	2	0.60	0.19	11.91	202	2.72	1.17	0.50	1.84	0.14	0.00
Pears	EACH	65	0	1	3.52	0.20	10.21	28	4.88	11.06	0.41	17.27	0.16	0.02
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Tuesday, Dec 4, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Baked Chicken & Corn	SERVING	273	71	480	3.50	1.61	22.32	199	4.15	0.00*	18.85	25.17	11.78	2.63
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Veggie Medley	1/2 Cup	20	0	33	2.20	2.60	9.93	3145	5.75	1.62	0.29	4.55	0.05	0.01
Grape Tomatoes	SVG. 2.66 OZ.	9	0	2	0.60	0.18	3.32	416	6.18	1.30	0.44	1.94	0.10	0.02
Orange Smiles	SERVING 4.95	40	0	1	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.00	1.00	10.00	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
Honey Mustard Dressing	SERVING 1 OZ	36	0	178	0.00	0.00	0.00	45	0.00	9.00	0.00	9.00	0.00	0.00
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Wednesday, Dec 5, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Pepperoni Pizza	1 EACH	340	35	580	3.00	1.80	400.00	500	9.00	4.00	20.00	34.00	18.00	9.00
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Baby Carrots	SERVING, 2.5 OZ	25	0	56	2.53	7.59	0.63	9773	1.90	3.80	0.00	6.33	0.00	0.00
Jicama sticks	SERVING, 2.5 oz	27	0	3	3.47	0.43	8.50	15	14.32	1.28	0.51	6.25	0.06	0.00
Banana	EACH	89	0	1	2.60	0.26	5.00	64	8.70	12.20	1.10	22.80	0.30	0.10
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Thursday, Dec 6, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Macaroni & Cheese	6.0 oz sv.	564	89	914	4.45	1.55	920.03	1908	0.00*	6.30*	38.98	47.38	27.28	16.55
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Dinner Roll	1 EACH	140	0	260	3.00	1.80	60.00	0	0.00	3.00	7.00	28.00	2.00	0.50
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Celery Sticks	SERVING-2.5 oz	9	0	44	0.88	0.11	21.88	40	1.75	0.00	0.38	1.64	0.10	0.02
Peas and Corn	.50 cup	76	0	31	2.47	0.53	7.96	704	310.97	4.71	3.62	16.75	0.72	0.02
Kiwi, Wedges	4.90 OZ.	81	0	0	4.03	0.73	40.27	201	132.87	12.08	2.01	20.13	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Friday, Dec 7, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Cheeseburger	1 EACH	425	78	765	3.00	3.24	218.50	250	0.00*	4.00*	27.50	33.00	21.00	8.25
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Garden Fresh Salad	1 CUP SVG.	13	0	15	1.42	2.15	31.39	4289	9.87	0.38*	1.05	2.47	0.11	0.00
Veggie Medley	1/2 Cup	20	0	33	2.20	2.60	9.93	3145	5.75	1.62	0.29	4.55	0.05	0.01
Halo Mandarin Oranges	EACH	50	0	0	2.00	0.00	40.00	300	27.00	9.00	1.00	13.00	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
Honey Mustard Dressing	SERVING 1 OZ	36	0	178	0.00	0.00	0.00	45	0.00	9.00	0.00	9.00	0.00	0.00
Catsup	TBS.	20	0	160	0.00	0.00	0.00	100	1.20	4.00	0.00	5.00	0.00	0.00
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Monday, Dec 10, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Chicken Taquitos	SERVING	338	45	891	4.00	2.26	221.19	352	4.80	2.00	19.54	30.49	16.55	6.04
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Peas and Corn	.50 cup	76	0	31	2.47	0.53	7.96	704	310.97	4.71	3.62	16.75	0.72	0.02
Cucumber	SERVING, 3.0 oz	10	0	2	0.60	0.19	11.91	202	2.72	1.17	0.50	1.84	0.14	0.00
Pears	EACH	65	0	1	3.52	0.20	10.21	28	4.88	11.06	0.41	17.27	0.16	0.02
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Tuesday, Dec 11, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
String Cheese / Pretzels	1 EACH	250	40	600	1.00	0.72	396.00	0	0.00	2.00*	14.00	20.00	13.50	8.00
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Veggie Medley	1/2 Cup	20	0	33	2.20	2.60	9.93	3145	5.75	1.62	0.29	4.55	0.05	0.01
Grape Tomatoes	SVG. 2.66 OZ.	9	0	2	0.60	0.18	3.32	416	6.18	1.30	0.44	1.94	0.10	0.02
Orange Smiles	SERVING 4.95	40	0	1	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.00	1.00	10.00	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
Honey Mustard Dressing	SERVING 1 OZ	36	0	178	0.00	0.00	0.00	45	0.00	9.00	0.00	9.00	0.00	0.00
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Wednesday, Dec 12, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Travelin Taco	4.0 servings.	175	15	322	6.27	2.07	162.91	337	2.64	0.80*	9.83	21.29	5.93	3.30
Tortilla	1 EACH	90	0	160	2.00	1.08	60.00	0	0.00	1.00	2.00	14.00	2.50	1.00
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Baby Carrots	SERVING, 2.5 OZ	25	0	56	2.53	7.59	0.63	9773	1.90	3.80	0.00	6.33	0.00	0.00
Jicama sticks	SERVING, 2.5 oz	27	0	3	3.47	0.43	8.50	15	14.32	1.28	0.51	6.25	0.06	0.00
Banana	EACH	89	0	1	2.60	0.26	5.00	64	8.70	12.20	1.10	22.80	0.30	0.10
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Thursday, Dec 13, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Yogurt & Pretzels	SERVING	302	9	308	1.20	1.12	646.00	1362	3.34	33.80*	8.60	56.60	3.52	1.20
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Celery Sticks	SERVING-2.5 oz	9	0	44	0.88	0.11	21.88	40	1.75	0.00	0.38	1.64	0.10	0.02
Peas and Corn	.50 cup	76	0	31	2.47	0.53	7.96	704	310.97	4.71	3.62	16.75	0.72	0.02
Kiwi, Wedges	4.90 OZ.	81	0	0	4.03	0.73	40.27	201	132.87	12.08	2.01	20.13	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Friday, Dec 14, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Fish Tacos	1 Each	342	55	270	5.60	1.00	199.00	*N/A*	*N/A*	0.00	20.00	53.00	6.40	0.00
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Garden Fresh Salad	1 CUP SVG.	13	0	15	1.42	2.15	31.39	4289	9.87	0.38*	1.05	2.47	0.11	0.00
Veggie Medley	1/2 Cup	20	0	33	2.20	2.60	9.93	3145	5.75	1.62	0.29	4.55	0.05	0.01
Halo Mandarin Oranges	EACH	50	0	0	2.00	0.00	40.00	300	27.00	9.00	1.00	13.00	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
Honey Mustard Dressing	SERVING 1 OZ	36	0	178	0.00	0.00	0.00	45	0.00	9.00	0.00	9.00	0.00	0.00
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Monday, Dec 17, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Beef Taco Meat and Tortilla	SVG.	363	48	1106	4.93	2.16	161.72	434	7.00	1.62*	19.17	25.40	17.80	7.85
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Peas and Corn	.50 cup	76	0	31	2.47	0.53	7.96	704	310.97	4.71	3.62	16.75	0.72	0.02
Cucumber	SERVING, 3.0 oz	10	0	2	0.60	0.19	11.91	202	2.72	1.17	0.50	1.84	0.14	0.00
Pears	EACH	65	0	1	3.52	0.20	10.21	28	4.88	11.06	0.41	17.27	0.16	0.02
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Tuesday, Dec 18, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Orange Chicken/Brown Rice	SERVING	235	40	280	1.00	1.08	0.00	0*	1.20	10.00	13.00	37.50	3.50	0.50
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Veggie Medley	1/2 Cup	20	0	33	2.20	2.60	9.93	3145	5.75	1.62	0.29	4.55	0.05	0.01
Grape Tomatoes	SVG. 2.66 OZ.	9	0	2	0.60	0.18	3.32	416	6.18	1.30	0.44	1.94	0.10	0.02
Orange Smiles	SERVING 4.95	40	0	1	2.00	*N/A*	*N/A*	*N/A*	*N/A*	7.00	1.00	10.00	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
Honey Mustard Dressing	SERVING 1 OZ	36	0	178	0.00	0.00	0.00	45	0.00	9.00	0.00	9.00	0.00	0.00
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Wednesday, Dec 19, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Chicken Nuggets& Gldfish	SERVING, 5 pcs	300	50	660	3.00	2.08	35.00	187	0.00	0.00	19.00	30.00	10.50	2.00
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Baby Carrots	SERVING, 2.5 OZ	25	0	56	2.53	7.59	0.63	9773	1.90	3.80	0.00	6.33	0.00	0.00
Jicama sticks	SERVING, 2.5 oz	27	0	3	3.47	0.43	8.50	15	14.32	1.28	0.51	6.25	0.06	0.00
Banana	EACH	89	0	1	2.60	0.26	5.00	64	8.70	12.20	1.10	22.80	0.30	0.10
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Thursday, Dec 20, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Grilled Cheese Sandwich	1 EACH	280	32	581	3.00	1.64	465.91	524	0.00	5.65	18.55	30.96	9.91	5.56
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Celery Sticks	SERVING-2.5 oz	9	0	44	0.88	0.11	21.88	40	1.75	0.00	0.38	1.64	0.10	0.02
Peas and Corn	.50 cup	76	0	31	2.47	0.53	7.96	704	310.97	4.71	3.62	16.75	0.72	0.02
Kiwi, Wedges	4.90 OZ.	81	0	0	4.03	0.73	40.27	201	132.87	12.08	2.01	20.13	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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# Preschool Lunch

Friday, Dec 21, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
Holiday Tree Chicken Cracker	SERVING	320	50	530	3.00	2.16	40.00	0	0.00	1.00	16.00	26.00	15.50	3.50
.....	...	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Garden Fresh Salad	1 CUP SVG.	13	0	15	1.42	2.15	31.39	4289	9.87	0.38*	1.05	2.47	0.11	0.00
Veggie Medley	1/2 Cup	20	0	33	2.20	2.60	9.93	3145	5.75	1.62	0.29	4.55	0.05	0.01
Halo Mandarin Oranges	EACH	50	0	0	2.00	0.00	40.00	300	27.00	9.00	1.00	13.00	0.00	0.00
1% Milk	CARTON	120	10	150	0.00	0.00	350.00	500	2.40	14.00	10.00	14.00	2.50	1.50
Honey Mustard Dressing	SERVING 1 OZ	36	0	178	0.00	0.00	0.00	45	0.00	9.00	0.00	9.00	0.00	0.00
***ROSE ONLY***	1 EA	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Milk, PK-ONLY, 1/2 GAL/6 oz.	6 oz svg	71	9	75	0.00	0.00	200.00	350	0.00	8.85	5.73	8.49	1.65	1.08

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## Preschool Lunch

Monday, Dec 24, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00

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## Preschool Lunch

Tuesday, Dec 25, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00

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## Preschool Lunch

Wednesday, Dec 26, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00

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# Preschool Lunch

Thursday, Dec 27, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00

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## Preschool Lunch

Friday, Dec 28, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00

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## Preschool Lunch

Monday, Dec 31, 2018

Recipes	Portion Size	Calories	Cholesterol mg	Sodium mg	Dietary Fiber g	Iron mg	Calcium mg	Vitamin A IU	Vitamin C mg	Sugars g	Protein g	Carbohydrate g	Total Fat g	Saturated Fat g
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00

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