

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017																
Elementary Lunch K-5	Total	100														
Quesadilla Chicken	1 EACH	40	300	45	560	3.00	2.70	250.0	200	0.0	1	19.0	31.0	11.0	4.50	0.00
FP: Travelin' Taco -	4.0 serving	40	177	15	316	6.31	2.13	163.7	333	2.76	*1	9.83	21.33	5.93	3.30	*0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	8	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
FP: Travelin' Taco -	4.0 serving	0	177	15	316	6.31	2.13	163.7	333	2.76	*1	9.83	21.33	5.93	3.30	*0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Peppers, Bell Green	SERVING	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
	, 2.75oz															
SB, Peas, thawed	SERVING	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
	, 3.5 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Applesauce Cinnamon	SERVING	10	87	0	3	1.54	0.16	4.1	8	2.17	19	0.21	22.33	0.22	0.04	0.00
	, 4.5 oz															
Tangerines/Whole	EACH	60	50	0	0	2.00	0.00	40.0	300	27.0	9	1.0	2.0	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Orange Smiles	SERVING	0	84	0	0	6.01	1.07	93.5	334	94.8	11	1.74	20.7	0.4	0.05	0.00
	4.95															
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017																
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
	1 OZ															
CD, Jalapenos,	1.35 OZ.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Syrup, Maple	1 OZ	0	79	0	29	0.03	0.05	3.4	0	0.0	19	0.0	19.71	0.03	0.01	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
	, 3.27oz															
CD, Tomato, Fresh, Diced	SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average % of Calories			515	34	737	7.37	*4.05	*578.6	*2718	*43.26	*35 *27.5%	24.72 19.2%	63.91 49.6%	15.73 27.5%	5.08 8.9%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Elementary Lunch K-5

Portion Values - Detailed

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Tue - 05/02/2017																
Elementary Lunch K-5	Total	100														
Chix: Gen Tso Sauce & Rice	SVG	67	5387	4311	17290	1.33	41.54	4126.1	1902	82.12	*41	620.23	130.36	216.17	42.42	*0.00
Sand: Cheese, Grilled, WG	EACH	13	280	32	581	3.00	1.64	4650.2	524	0.0	6	18.55	30.96	9.91	5.56	0.00
Sand: PBJ, Grape, WG	EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Sand: Turkey Ham & Cheese Elem	Each	8	305	70	1060	3.00	2.88	175.0	200	1.2	*4	25.5	34.5	10.0	3.75	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Chicken Sandwich	1 EACH	0	409	45	828	8.00	1.80	60.0	0	0.0	3	14.94	58.94	15.44	2.99	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING , 3.0 oz	1	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
SB, Tomatoes, Cherry	SERVING , 2.61oz	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
SB, Jicama Sticks	SERVING , 2.5 oz	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
Sugar Snap Peas	SERVING , 2.4 OZ	3	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
SB, Corn: Frozen, yellow	SERVING , 3 oz	1	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Mandarin Oranges,	SERVING 4 oz	10	31	0	4	0.44	0.32	8.9	133	94.19	8	0.44	7.54	0.0	0.00	0.00
Strawberries, Raw	SERVING , 3 oz	60	28	0	1	1.72	0.35	13.8	10	50.68	4	0.58	6.62	0.26	0.13	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk, Choc, NF, 90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/02/2017																
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1 OZ	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	1.35 OZ. SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Syrup, Maple	1 OZ	0	79	0	29	0.03	0.05	3.4	0	0.0	19	0.0	19.71	0.03	0.01	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
	, 3.27oz															
CD, Tomato, Fresh, Diced	SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average			3991	2906	12127	7.25	*31.30	*3761.9	*4849	*111.63	*61	433.98	143.64	154.66	30.83	*0.00
% of Calories											*6.1%	43.5%	14.4%	34.9%	7.0%	*0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/03/2017																
Elementary Lunch K-5	Total	100														
Pizza, Pepperoni, WG	1 EACH	40	340	35	580	3.00	1.80	400.0	500	9.0	4	20.0	34.0	18.0	9.00	0.00
Cheesy Bread	1 CUP	40	399	30	501	3.00	2.80	424.0	108	4.5	3	22.85	37.96	17.26	6.81	0.00
Sand: PBJ, Grape, WG	1 EACH	8	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	12	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Pizza	1 EACH	0	236	0	587	3.11	0.99	47.4	200	0.89	7	2.74	37.81	7.55	2.19	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB: Sauce, Pizza, Bosco	1 EACH	1	40	0	270	1.00	0.36	0.0	400	6.0	5	1.0	9.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svq.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING , 3.0 oz	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
SB, Tomatoes, Cherry	SERVING , 2.61oz	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
SB, Peppers, Bell Green	SERVING , 2.75oz	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
SB, Edamame	SERVING , 3 oz	15	100	0	30	4.00	1.44	40.0	500	6.0	1	8.0	9.0	3.0	0.00	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING , 2.22	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pinappl Tidbt, Draind	SERVING , 4.0 oz	10	94	0	0	1.34	0.48	26.8	0	12.07	19	1.01	22.8	0.0	0.00	0.00
Bananas , Whole,	EACH	60	147	0	2	4.28	0.43	8.2	105	14.33	20	1.8	37.62	0.54	0.18	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svq	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/03/2017																
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1 OZ	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	1.35 OZ. SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	, 3.27oz SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average % of Calories			682	37	833	7.75	*4.47	*746.0	*2700	*24.51	*44 *25.5%	31.92 18.7%	93.00 54.5%	23.26 30.7%	8.52 11.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/04/2017																
Elementary Lunch K-5	Total	100														
Hot Dog w/Tots-Eisenburg	SERVING	60	460	40	1040	5.80	2.57	87.1	25	3.6	3	16.0	47.0	24.0	7.00	1.00
Burrito, Bean & Cheese	1 EACH	22	360	15	480	6.00	5.40	150.0	100	0.0	4	14.0	45.0	14.0	0.00	0.00
Sand: PBJ, Grape, WG	1 EACH	10	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Yogurt w Pretzels	SERVING	8	302	9	358	1.20	1.12	646.0	1362	3.34	*34	8.6	56.6	3.52	1.20	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GF: Hot Dog -Eisenberg	1 EACH	0	350	40	730	3.00	1.49	27.1	25	0.0	3	11.0	31.0	20.5	6.00	1.00
GF:Cheese,String / GF Pretzels	1 EACH	0	280	30	910	3.00	0.00	400.0	400	0.0	1	14.0	26.0	15.0	8.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	2	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Jicama Sticks	SERVING	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
	, 2.5 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
Sugar Snap Peas	SERVING	5	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
	, 2.4 OZ															
SB, Corn: Frozen, yellow	SERVING	3	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
	, 3 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Peaches, Sliced	SERVING	20	70	0	10	1.00	0.00	0.0	300	1.2	16	0.0	17.0	0.0	0.00	0.00
	, 4.5 oz															
Kiwi, Wedges	4.90 OZ.	60	81	0	0	4.03	0.73	40.3	201	132.87	12	2.01	20.13	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/04/2017																
	1 OZ															
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			761	36	1169	13.75	*6.61	*540.7	*4648	*105.95	*47 *24.6%	29.52 15.5%	107.08 56.3%	24.74 29.3%	5.52 6.5%	*0.60 *0.7%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017																
Elementary Lunch K-5	Total	100														
Chix: Popcorn, Dark	SERVING	39	293	81	599	3.00	2.00	18.0	167	0.0	0	18.0	17.0	17.0	3.00	0.00
	4.3 oz															
Fish Sticks	SERVING	6	200	55	380	3.00	1.44	60.0	50	0.0	1	18.0	21.0	5.0	0.50	0.00
	4 EA															
Cheeseburger Mini	1 EACH	45	272	45	355	2.60	2.80	82.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
Sand: PBJ, Grape, WG	1 EACH	10	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pretzel, Goldfish, 300/.75oz/c	1 EACH	1	90	0	250	1.00	0.72	0.0	0	0.0	*N/A*	2.0	16.0	1.5	0.00	*N/A*
GF: Chix Strip	1 EACH	0	209	45	508	1.00	0.72	0.0	0	0.0	0	11.94	12.94	12.94	2.99	0.00
GF:Cheese,String / GF Pretzels	1 EACH	0	280	30	910	3.00	0.00	400.0	400	0.0	1	14.0	26.0	15.0	8.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Zucchini	SERVING	3	12	0	5	0.68	0.25	10.9	136	12.18	2	0.82	2.12	0.22	0.06	0.00
	, 2.4 oz															
SB, Peas, thawed	SERVING	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
	, 3.5 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pears	SERVING	10	74	0	12	2.46	0.00	0.0	74	0.0	15	0.0	17.24	0.0	0.00	0.00
	, 3.5 oz															
Watermelon, with Rind	SERVING	60	46	0	2	0.00	0.28	15.3	842	11.94	9	1.53	12.25	0.0	0.00	0.00
	, 5.4 oz															
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017																
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
	1 OZ															
CD, Jalapenos,	1.35 OZ.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
	, 3.27oz															
CD, Tomato, Fresh, Diced	SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average % of Calories			531	63	732	4.68	*4.15	*408.9	*2874	*31.54	*35 *26.5%	28.64 21.6%	66.85 50.4%	17.42 29.5%	3.73 6.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/08/2017																
Elementary Lunch K-5	Total	100														
FP: Taco, Beef Dip/ Nacho Chip	5.75 oz/serving	1	603	64	1237	9.93	5.26	283.0	785	7.0	2	23.93	48.9	32.53	12.46	0.00
Pupusa, Cheese	1 EACH	15	320	25	630	3.00	0.00	250.0	200	2.4	0	12.0	35.0	16.0	5.00	0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	8	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING, 3.0 oz	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
SB, Tomatoes, Cherry	SERVING, 2.61oz	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
SB, Peppers, Bell Green	SERVING, 2.75oz	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
SB, Peas, thawed	SERVING, 3.5 oz	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING, 2.22	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Applesauce Cinnamon	SERVING, 4.5 oz	10	87	0	3	1.54	0.16	4.1	8	2.17	19	0.21	22.33	0.22	0.04	0.00
Tangerines/Whole	EACH	60	50	0	0	2.00	0.00	40.0	300	27.0	9	1.0	2.0	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	0	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/08/2017																
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			378	14	494	4.19	*2.17	*453.5	*2543	*42.59	*35 *36.7%	15.22 16.1%	48.71 51.5%	11.69 27.8%	2.83 6.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017																
Elementary Lunch K-5	Total	100														
Chix: Oven	EACH	73	192	71	476	1.01	1.09	20.3	0	0.0	0	16.2	6.08	11.14	2.53	0.00
BBQ Chicken Sandwich w/Tots	SVG	7	508	105	1532	4.31	3.16	158.7	171	5.94	*20	23.47	69.12	14.36	2.53	*0.00
Sand: PBJ, Grape, WG	EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Sand: Turkey & Cheese Elem	Each	1	315	55	880	3.00	2.16	175.0	200	0.0	*4	26.5	34.5	9.5	3.75	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Chicken Sandwich	1 EACH	0	409	45	828	8.00	1.80	60.0	0	0.0	3	14.94	58.94	15.44	2.99	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	1	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Jicama Sticks	SERVING	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
	, 2.5 oz															
Sugar Snap Peas	SERVING	3	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
	, 2.4 OZ															
SB, Corn: Frozen, yellow	SERVING	1	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
	, 3 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Mandarin Oranges,	SERVING	10	31	0	4	0.44	0.32	8.9	133	94.19	8	0.44	7.54	0.0	0.00	0.00
	4 oz															
Strawberries, Raw	SERVING	60	28	0	1	1.72	0.35	13.8	10	50.68	4	0.58	6.62	0.26	0.13	0.00
	, 3 oz															
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017																
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1 OZ	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	1.35 OZ. SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
	3.27oz															
Weighted Daily Average % of Calories			500	67	846	6.79	*4.06	*406.5	*3503	*56.79	*34 *27.4%	27.70 22.2%	59.11 47.3%	16.97 30.6%	3.45 6.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/10/2017																
Elementary Lunch K-5	Total	100														
Pizza, Pepperoni, WG	1 EACH	65	340	35	580	3.00	1.80	400.0	500	9.0	4	20.0	34.0	18.0	9.00	0.00
Ravioli, Cheese & Garlic Bread	SERVING	15	382	60	1111	4.96	2.73	311.6	729	3.87	12	24.62	48.51	10.25	4.27	0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	8	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
GF: Pizza	1 EACH	0	236	0	587	3.11	0.99	47.4	200	0.89	7	2.74	37.81	7.55	2.19	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
A to Z Wasabi Pea	SVG	1	392	3	431	13.97	*N/A*	*N/A*	*N/A*	*N/A*	14	17.96	53.89	7.98	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Peppers, Bell Green	SERVING	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
	, 2.75oz															
SB, Edamame	SERVING	15	100	0	30	4.00	1.44	40.0	500	6.0	1	8.0	9.0	3.0	0.00	0.00
	, 3 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pinappl Tidbt, Draind	SERVING	10	94	0	0	1.34	0.48	26.8	0	12.07	19	1.01	22.8	0.0	0.00	0.00
	, 4.0 oz															
Bananas , Whole,	EACH	60	147	0	2	4.28	0.43	8.2	105	14.33	20	1.8	37.62	0.54	0.18	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/10/2017																
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			679	42	939	8.34	*4.17	*708.7	*2857	*25.24	*46 *27.1%	31.72 18.7%	95.53 56.3%	23.03 30.5%	8.55 11.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/11/2017																
Elementary Lunch K-5	Total	100														
FP: Nacho Sauce with Chips	5 OZ SVG.	1	511	50	759	6.23	3.82	1914.9	926	1.53	*1	17.69	40.28	30.71	14.51	*0.00
Chalupa	1 EACH	1	244	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92	0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Yogurt w Pretzels	SERVING	1	302	9	358	1.20	1.12	646.0	1362	3.34	*34	8.6	56.6	3.52	1.20	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GF: Hot Dog -Eisenberg	1 EACH	0	350	40	730	3.00	1.49	27.1	25	0.0	3	11.0	31.0	20.5	6.00	1.00
GF:Cheese,String / GF Pretzels	1 EACH	0	280	30	910	3.00	0.00	400.0	400	0.0	1	14.0	26.0	15.0	8.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	2	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
SB, Jicama Sticks	SERVING	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
Sugar Snap Peas	SERVING	5	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
SB, Corn: Frozen, yellow	SERVING	3	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Peaches, Sliced	SERVING	20	70	0	10	1.00	0.00	0.0	300	1.2	16	0.0	17.0	0.0	0.00	0.00
Kiwi, Wedges	4.90 OZ.	60	81	0	0	4.03	0.73	40.3	201	132.87	12	2.01	20.13	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/11/2017																
	1 OZ															
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			404	9	439	9.07	*3.89	*434.4	*4531	*103.58	*42 *41.7%	16.98 16.8%	66.91 66.2%	8.08 18.0%	1.53 3.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

Page 20

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/12/2017																
Elementary Lunch K-5	Total	100														
Chix: Nuggets	SERVING	35	208	42	546	2.00	1.00	20.0	178	0.0	1	19.0	15.0	8.0	1.00	0.00
	,5 Pcs															
Shrimp Poppers	SERVING	15	316	34	417	3.83	0.69	12.8	0	0.0	*N/A*	19.14	35.72	11.48	1.28	*N/A*
	6 OZ															
Beef, Chs-Burger, Smokie Grill	EACH	42	435	80	900	3.00	3.24	195.0	200	0.0	*4	26.5	33.5	22.5	9.25	*1.00
Sand: PBJ, Grape, WG	1 EACH	8	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GF: Beef, Burger, Smk Grill	1 EACH	0	342	80	717	2.33	1.80	115.0	200	0.0	*2	19.5	16.84	21.33	9.25	*1.00
GF:Cheese,String / GF Pretzels	1 EACH	0	280	30	910	3.00	0.00	400.0	400	0.0	1	14.0	26.0	15.0	8.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cracker, Goldfish, Chs	1 EACH	80	100	5	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	1.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svq.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Zucchini	SERVING	3	12	0	5	0.68	0.25	10.9	136	12.18	2	0.82	2.12	0.22	0.06	0.00
	, 2.4 oz															
SB, Peas, thawed	SERVING	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
	, 3.5 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pears	SERVING	10	74	0	12	2.46	0.00	0.0	74	0.0	15	0.0	17.24	0.0	0.00	0.00
	, 3.5 oz															
Watermelon, with Rind	SERVING	60	46	0	2	0.00	0.28	15.3	842	11.94	9	1.53	12.25	0.0	0.00	0.00
	, 5.4 oz															
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svq	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/12/2017																
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
	1 OZ															
CD, Jalapenos,	1.35 OZ.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
	, 3.27oz															
CD, Tomato, Fresh, Diced	SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average			652	65	1069	5.35	*4.08	*466.6	*2905	*31.54	*35	34.30	79.22	23.12	6.36	*0.42
% of Calories											*21.4%	21.0%	48.6%	31.9%	8.8%	*0.6%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017																
Elementary Lunch K-5	Total	100														
Brunch 4 Lunch, Pancakes Ssg	1 EACH	1	153	7	220	2.00	1.20	0.0	17	0.0	3	3.33	27.32	4.0	0.67	0.00
Chalupa	1 EACH	35	244	44	404	0.32	0.84	347.1	296	0.24	1	16.28	11.18	13.94	5.92	0.00
Sand: PBJ, Grape, WG	1 EACH	15	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	25	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
FP: Travelin' Taco -	4.0 serving	0	177	15	316	6.31	2.13	163.7	333	2.76	*1	9.83	21.33	5.93	3.30	*0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Peppers, Bell Green	SERVING	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
	, 2.75oz															
SB, Peas, thawed	SERVING	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
	, 3.5 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Applesauce Cinnamon	SERVING	10	87	0	3	1.54	0.16	4.1	8	2.17	19	0.21	22.33	0.22	0.04	0.00
	, 4.5 oz															
Tangerines/Whole	EACH	60	50	0	0	2.00	0.00	40.0	300	27.0	9	1.0	2.0	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	0	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017																
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1 OZ	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Syrup, Maple	1 OZ	0	79	0	29	0.03	0.05	3.4	0	0.0	19	0.0	19.71	0.03	0.01	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	, 3.27oz SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			487	31	683	4.50	*2.93	*611.9	*2765	*43.27	*37 *30.0%	22.58 18.5%	54.67 44.9%	17.70 32.7%	5.53 10.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/16/2017																
Elementary Lunch K-5	Total	100														
Chix: Gen Tso Sauce & Rice	SVG	1	5387	4311	17290	1.33	41.54	4126.1	1902	82.12	*41	620.23	130.36	216.17	42.42	*0.00
Chix: Tang./ Brown Rice-Elem.	SERVING	70	343	90	290	1.33	1.92	20.0	0	1.2	9	21.67	35.66	12.67	2.50	0.00
Sand: Cheese, Grilled, WG	EACH	12	280	32	581	3.00	1.64	4650.2	524	0.0	6	18.55	30.96	9.91	5.56	0.00
Sand: PBJ, Grape, WG	EACH	10	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Sand:Turkey Ham & Cheese Elem	Each	1	305	70	1060	3.00	2.88	175.0	200	1.2	*4	25.5	34.5	10.0	3.75	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Chicken Sandwich	1 EACH	0	409	45	828	8.00	1.80	60.0	0	0.0	3	14.94	58.94	15.44	2.99	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING , 3.0 oz	1	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
SB, Tomatoes, Cherry	SERVING , 2.61oz	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
SB, Jicama Sticks	SERVING , 2.5 oz	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
Sugar Snap Peas	SERVING , 2.4 OZ	3	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
SB, Corn: Frozen, yellow	SERVING , 3 oz	1	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Mandarin Oranges,	SERVING , 4 oz	10	31	0	4	0.44	0.32	8.9	133	94.19	8	0.44	7.54	0.0	0.00	0.00
Strawberries, Raw	SERVING , 3 oz	60	28	0	1	1.72	0.35	13.8	10	50.68	4	0.58	6.62	0.26	0.13	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/16/2017																
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
	1 OZ															
CD, Jalapenos,	1.35 OZ.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
	, 3.27oz															
CD, Tomato, Fresh, Diced	SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average			639	118	826	6.92	*4.97	*992.3	*3573	*58.18	*40	37.42	78.46	19.44	4.18	*0.00
% of Calories											*24.9%	23.4%	49.1%	27.4%	5.9%	*0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017																
Elementary Lunch K-5	Total	100														
Pizza, Pepperoni, WG	1 EACH	66	340	35	580	3.00	1.80	400.0	500	9.0	4	20.0	34.0	18.0	9.00	0.00
FP: Macaroni & Cheese	Serving	14	140	0	260	3.00	1.80	60.0	0	0.0	*3	7.0	28.0	2.0	0.50	*0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	8	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Pizza	1 EACH	0	236	0	587	3.11	0.99	47.4	200	0.89	7	2.74	37.81	7.55	2.19	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
A to Z Xigua	.5 CUP	1	24	0	1	0.32	0.19	5.6	455	6.48	5	0.49	6.04	0.12	0.01	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Peppers, Bell Green	SERVING	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
	, 2.75oz															
SB, Edamame	SERVING	15	100	0	30	4.00	1.44	40.0	500	6.0	1	8.0	9.0	3.0	0.00	0.00
	, 3 oz															
A to Z Salad Bar 1	1 CUP	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pinappl Tidbt, Draind	SERVING	10	94	0	0	1.34	0.48	26.8	0	12.07	19	1.01	22.8	0.0	0.00	0.00
	, 4.0 oz															
Bananas , Whole,	1 EACH	60	147	0	2	4.28	0.43	8.2	105	14.33	20	1.8	37.62	0.54	0.18	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017																
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1 OZ	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	1.35 OZ. SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	, 3.27oz SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average % of Calories			641	33	810	7.91	*4.04	*674.5	*2757	*24.81	*45 *27.8%	29.03 18.1%	92.03 57.4%	21.87 30.7%	8.07 11.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/18/2017																
Elementary Lunch K-5	Total	100														
Corn Dog	1 EACH	65	240	40	390	5.00	1.80	80.0	0	0.0	5	9.0	30.0	8.0	2.50	0.00
Pizza, Stix, Stuffed Crust - E	1 EACH	15	300	10	740	4.00	2.16	300.0	200	0.0	*N/A*	14.0	34.0	12.0	4.00	*N/A*
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Yogurt w Pretzels	SERVING	8	302	9	358	1.20	1.12	646.0	1362	3.34	*34	8.6	56.6	3.52	1.20	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB: Sauce, Pizza, Bosco	1 Each	10	40	0	270	1.00	0.36	0.0	400	6.0	5	1.0	9.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	2	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
.....	...															
SB, Jicama Sticks	SERVING	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
.....	...															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
.....	...															
Sugar Snap Peas	SERVING	5	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
.....	...															
SB, Corn: Frozen, yellow	SERVING	3	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
.....	...															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Peaches, Sliced	SERVING	20	70	0	10	1.00	0.00	0.0	300	1.2	16	0.0	17.0	0.0	0.00	0.00
.....	...															
Kiwi, Wedges	4.90 OZ.	60	81	0	0	4.03	0.73	40.3	201	132.87	12	2.01	20.13	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/18/2017																
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
CD, Syrup, Maple	1 OZ	1	79	0	29	0.03	0.05	3.4	0	0.0	19	0.0	19.71	0.03	0.01	*N/A*
Weighted Daily Average % of Calories			624	36	844	13.04	*5.45	*554.1	*4684	*104.39	*48 *31.1%	25.29 16.2%	96.05 61.6%	14.89 21.5%	3.63 5.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017																
Elementary Lunch K-5	Total	100														
Chix: Nuggets	SERVING	50	208	42	546	2.00	1.00	20.0	178	0.0	1	19.0	15.0	8.0	1.00	0.00
	,5 Pcs															
Sand: Fish Fillet	1 EACH	6	330	55	600	6.00	3.24	160.0	0	0.0	*4	26.0	50.0	5.0	0.00	*0.00
Cheeseburger Mini	1 EACH	36	272	45	355	2.60	2.80	82.0	100	0.0	3	19.7	31.3	7.8	2.90	0.00
Sand: PBJ, Grape, WG	1 EACH	8	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GF: Chix Strip & GF Pretzels	1 EACH	0	309	45	728	2.00	0.72	20.0	0	0.0	0	11.94	34.94	14.44	3.49	0.00
GF:Cheese,String / GF Pretzels	1 EACH	0	280	30	910	3.00	0.00	400.0	400	0.0	1	14.0	26.0	15.0	8.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pretzel, Goldfish, 300/.75oz/c	1 EACH	80	90	0	250	1.00	0.72	0.0	0	0.0	*N/A*	2.0	16.0	1.5	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Zucchini	SERVING	3	12	0	5	0.68	0.25	10.9	136	12.18	2	0.82	2.12	0.22	0.06	0.00
	, 2.4 oz															
SB, Peas, thawed	SERVING	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
	, 3.5 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pears	SERVING	10	74	0	12	2.46	0.00	0.0	74	0.0	15	0.0	17.24	0.0	0.00	0.00
	, 3.5 oz															
Watermelon, with Rind	SERVING	60	46	0	2	0.00	0.28	15.3	842	11.94	9	1.53	12.25	0.0	0.00	0.00
	, 5.4 oz															
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017																
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1 OZ	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
	1.35 OZ. SVG.															
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	, 3.27oz SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
	, 3.66oz															
Weighted Daily Average % of Calories			563	48	938	5.11	*4.26	*408.9	*2883	*31.54	*35 *24.9%	31.01 22.0%	77.91 55.4%	14.66 23.4%	2.68 4.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/22/2017																
Elementary Lunch K-5	Total	100														
FP: Nacho Sauce with Chips	5 OZ SVG.	1	511	50	759	6.23	3.82	1914.9	926	1.53	*1	17.69	40.28	30.71	14.51	*0.00
Burrito, Bean & Cheese	1 EACH	15	360	15	480	6.00	5.40	150.0	100	0.0	4	14.0	45.0	14.0	0.00	0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	8	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING , 3.0 oz	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
SB, Tomatoes, Cherry	SERVING , 2.61oz	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
SB, Peppers, Bell Green	SERVING , 2.75oz	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
SB, Peas, thawed	SERVING , 3.5 oz	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING , 2.22	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Applesauce Cinnamon	SERVING , 4.5 oz	10	87	0	3	1.54	0.16	4.1	8	2.17	19	0.21	22.33	0.22	0.04	0.00
Fruit, Fresh Mon 1	EACH	60	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	0	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/22/2017																
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			353	13	466	3.41	*2.96	*430.8	*2349	*25.98	*30 *33.8%	14.86 16.8%	48.93 55.4%	11.37 29.0%	2.10 5.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/23/2017																
Elementary Lunch K-5	Total	100														
Chix: Oven	EACH	73	192	71	476	1.01	1.09	20.3	0	0.0	0	16.2	6.08	11.14	2.53	0.00
BBQ Chicken Sandwich w/Tots	SVG	1	508	105	1532	4.31	3.16	158.7	171	5.94	*20	23.47	69.12	14.36	2.53	*0.00
Sand: PBJ, Grape, WG	EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Sand: Turkey & Cheese Elem	Each	1	315	55	880	3.00	2.16	175.0	200	0.0	*4	26.5	34.5	9.5	3.75	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Chicken Sandwich	1 EACH	0	409	45	828	8.00	1.80	60.0	0	0.0	3	14.94	58.94	15.44	2.99	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	1	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Jicama Sticks	SERVING	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
	, 2.5 oz															
Sugar Snap Peas	SERVING	3	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
	, 2.4 OZ															
SB, Corn: Frozen, yellow	SERVING	1	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
	, 3 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Mandarin Oranges,	SERVING	10	31	0	4	0.44	0.32	8.9	133	94.19	8	0.44	7.54	0.0	0.00	0.00
	4 oz															
Fruit, Fresh Tues 1	1 EACH	60	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.00	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/23/2017																
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			453	61	753	5.50	*3.66	*388.7	*3489	*26.17	*31 *26.9%	25.95 22.9%	51.01 45.1%	15.95 31.7%	3.22 6.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/24/2017																
Elementary Lunch K-5	Total	100														
Pizza, Pepperoni, WG	1 EACH	50	340	35	580	3.00	1.80	400.0	500	9.0	4	20.0	34.0	18.0	9.00	0.00
FP: Spaghetti / Garlic Toast	2/3 Cup	1	220	25	397	1.91	1.85	163.3	149	6.02	*5	13.51	18.49	10.2	4.12	*0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	8	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Pizza	1 EACH	0	236	0	587	3.11	0.99	47.4	200	0.89	7	2.74	37.81	7.55	2.19	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING , 3.0 oz	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
SB, Tomatoes, Cherry	SERVING , 2.61oz	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
SB, Peppers, Bell Green	SERVING , 2.75oz	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
SB, Edamame	SERVING , 3 oz	15	100	0	30	4.00	1.44	40.0	500	6.0	1	8.0	9.0	3.0	0.00	0.00
A to Z Salad Bar 1	1 CUP	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING , 2.22	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pinappl Tidbt, Draind	SERVING , 4.0 oz	10	94	0	0	1.34	0.48	26.8	0	12.07	19	1.01	22.8	0.0	0.00	0.00
Fruit, Fresh Wed 1	1 EACH	60	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/24/2017																
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			481	28	684	4.45	*3.26	*598.7	*2611	*14.77	*31 *26.2%	23.90 19.9%	60.22 50.1%	18.49 34.6%	6.49 12.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/25/2017																
Elementary Lunch K-5	Total	100														
Hot Dog w/Tots-Eisenburg	SVG.	1	460	40	1040	5.80	2.57	87.1	25	3.6	3	16.0	47.0	24.0	7.00	1.00
Sand: Cheese, Grilled, WG	EACH	25	280	32	581	3.00	1.64	4650.2	524	0.0	6	18.55	30.96	9.91	5.56	0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Yogurt w Pretzels	SERVING	8	302	9	358	1.20	1.12	646.0	1362	3.34	*34	8.6	56.6	3.52	1.20	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GF: Hot Dog -Eisenberg	1 EACH	0	350	40	730	3.00	1.49	27.1	25	0.0	3	11.0	31.0	20.5	6.00	1.00
GF:Cheese,String / GF Pretzels	1 EACH	0	280	30	910	3.00	0.00	400.0	400	0.0	1	14.0	26.0	15.0	8.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	2	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Jicama Sticks	SERVING	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
	, 2.5 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
Sugar Snap Peas	SERVING	5	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
	, 2.4 OZ															
SB, Corn: Frozen, yellow	SERVING	3	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
	, 3 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Peaches, Sliced	SERVING	20	70	0	10	1.00	0.00	0.0	300	1.2	16	0.0	17.0	0.0	0.00	0.00
	, 4.5 oz															
Fruit, Fresh Thurs 1	1 EACH	60	4	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/25/2017																
	1 OZ															
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			447	*17	*608	*7.49	*3.92	*1596.3	*4624	*24.11	*39 *34.7%	*20.83 *18.7%	*66.49 *59.6%	*10.60 *21.4%	*2.87 *5.8%	*0.01 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/26/2017																
Elementary Lunch K-5	Total	100														
Chix: Drummies	SERVING	32	254	37	360	2.12	1.52	21.2	0	0.0	1	14.83	15.89	14.83	3.71	0.00
	4 EA															
Fish Sticks	SERVING	8	200	55	380	3.00	1.44	60.0	50	0.0	1	18.0	21.0	5.0	0.50	0.00
	4 EA															
Beef, Chs-Burger, Smokie Grill	EACH	50	435	80	900	3.00	3.24	195.0	200	0.0	*4	26.5	33.5	22.5	9.25	*1.00
Sand: PBJ, Grape, WG	1 EACH	10	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cracker, Goldfish, Chs	1 EACH	1	100	5	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	1.00	0.00
GF: Beef, Burger, Smk Grill	1 EACH	0	342	80	717	2.33	1.80	115.0	200	0.0	*2	19.5	16.84	21.33	9.25	*1.00
GF:Cheese,String / GF Pretzels	1 EACH	0	280	30	910	3.00	0.00	400.0	400	0.0	1	14.0	26.0	15.0	8.50	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svq.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Zucchini	SERVING	3	12	0	5	0.68	0.25	10.9	136	12.18	2	0.82	2.12	0.22	0.06	0.00
	, 2.4 oz															
SB, Peas, thawed	SERVING	2	74	0	69	5.25	1.50	22.7	2005	882.01	4	4.92	13.62	0.26	0.05	0.00
	, 3.5 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pears	SERVING	10	74	0	12	2.46	0.00	0.0	74	0.0	15	0.0	17.24	0.0	0.00	0.00
	, 3.5 oz															
Fruit, Fresh Fri 1	1 EACH	60	4	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svq	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/26/2017																
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1 OZ	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1.35 OZ. SVG.	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	, 3.27oz SERVING	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
CD, Tomato, Fresh, Diced	, 3.66oz															
Weighted Daily Average % of Calories			572	*64	*910	*4.58	*4.08	*461.5	*2360	*24.38	*30	*30.20	*61.03	*23.40	*7.08	*0.50
											*21.1%	*21.1%	*42.7%	*36.8%	*11.1%	*0.8%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

Mon - 05/29/2017																
Elementary Lunch K-5 HOLIDAY	Total SERVING	1														
Weighted Daily Average % of Calories		1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.00	0.00	0.00	0.00	0.00
			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/30/2017																
Elementary Lunch K-5	Total	100														
Chix: Tang./ Brown Rice-Elem.	SERVING	65	343	90	290	1.33	1.92	20.0	0	1.2	9	21.67	35.66	12.67	2.50	0.00
Sand: Cheese, Grilled, WG	1 EACH	15	280	32	581	3.00	1.64	4650.2	524	0.0	6	18.55	30.96	9.91	5.56	0.00
Sand: PBJ, Grape, WG	EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Sand:Turkey Ham & Cheese Elem	Each	1	305	70	1060	3.00	2.88	175.0	200	1.2	*4	25.5	34.5	10.0	3.75	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Chicken Sandwich	1 EACH	0	409	45	828	8.00	1.80	60.0	0	0.0	3	14.94	58.94	15.44	2.99	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	1	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Jicama Sticks	SERVING	6	27	0	3	3.47	0.43	8.5	15	14.32	1	0.51	6.25	0.06	0.00	0.00
	, 2.5 oz															
Sugar Snap Peas	SERVING	3	1417	0	1984	85.06	30.62	567.0	42524	340.19	85	85.06	255.15	0.0	0.00	0.00
	, 2.4 OZ															
SB, Corn: Frozen, yellow	SERVING	1	76	0	9	0.94	0.00	0.0	0	2.27	5	2.83	17.95	0.94	0.00	0.00
	, 3 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Mandarin Oranges,	SERVING	10	31	0	4	0.44	0.32	8.9	133	94.19	8	0.44	7.54	0.0	0.00	0.00
	4 oz															
Fruit, Fresh Tues 1	1 EACH	60	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	0	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/30/2017																
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			572	72	668	6.04	*4.34	*1082.9	*3566	*26.90	*37 *25.9%	30.75 21.5%	73.71 51.5%	17.40 27.4%	3.81 6.0%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/31/2017																
Elementary Lunch K-5	Total	100														
Pizza, Pepperoni, WG	1 EACH	68	340	35	580	3.00	1.80	400.0	500	9.0	4	20.0	34.0	18.0	9.00	0.00
Sand: Chix, Spicy Patty	SANDWIC	1	376	45	824	6.00	2.80	118.0	174	0.0	*4	28.0	48.0	10.0	1.00	*0.00
Sand: PBJ, Grape, WG	1 EACH	12	610	0	620	7.00	1.80	80.0	125	0.0	25	20.0	69.0	31.0	4.50	0.00
Cheese:String 2/Cracker 1	1 EACH	8	340	30	790	3.00	2.70	440.0	900	6.0	5	18.0	32.0	17.0	8.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pizza, Chs, 52%WG, PZA Guy, 8s	SLICE	0	309	26	676	4.18	1.99	436.4	462	1.78	*N/A*	20.41	34.34	10.7	5.74	0.16
Pizza, Pepp, 52%WW, PZA Guy, 8	SLICE	0	326	28	813	4.88	2.16	440.0	450	1.8	3	21.22	35.33	11.87	6.20	0.00
GF: Pizza	1 EACH	0	236	0	587	3.11	0.99	47.4	200	0.89	7	2.74	37.81	7.55	2.19	0.00
GF: Yogurt & Granola Lunch Ele	1 EACH	0	464	20	199	5.87	2.83	439.1	300	1.2	38	14.91	75.06	12.32	5.93	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
A to Z- Zucchini Pasta	1 CUP	1	19	0	9	1.13	0.42	18.1	226	20.23	*N/A*	1.37	3.51	0.36	0.09	0.00
FP: SB, Kale/Romaine	2.2 OZ.	7	15	0	14	1.15	1.30	36.9	5388	24.61	*0	1.03	2.99	0.1	0.00	*0.00
SB, Carrots, Raw, Baby: 3.2 oz	3.2 oz. svg.	10	32	0	71	3.24	9.72	0.8	12509	2.43	5	0.0	8.1	0.0	0.00	0.00
SB, Cucumber, Sliced	SERVING	5	10	0	2	0.60	0.19	11.9	202	2.72	1	0.5	1.84	0.14	0.00	0.00
	, 3.0 oz															
SB, Tomatoes, Cherry	SERVING	3	16	0	39	0.84	0.44	4.8	220	15.07	*N/A*	1.1	3.0	0.18	0.02	0.00
	, 2.61oz															
SB, Peppers, Bell Green	SERVING	2	16	0	2	1.56	0.28	7.8	273	62.68	2	0.78	3.9	0.0	0.00	0.00
	, 2.75oz															
SB, Edamame	SERVING	15	100	0	30	4.00	1.44	40.0	500	6.0	1	8.0	9.0	3.0	0.00	0.00
	, 3 oz															
SB, Pasta Salad	1/2 Cup	4	209	0	395	2.85	13.42	814.1	480	24.32	*3	4.31	24.19	10.59	2.03	*0.00
SB, Broccoli Florets	SERVING	1	20	0	20	2.00	0.62	34.0	350	66.2	0	2.12	3.72	0.24	0.04	0.00
	, 2.22															
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
SB, CND, Pinappl Tidbt, Draind	SERVING	10	94	0	0	1.34	0.48	26.8	0	12.07	19	1.01	22.8	0.0	0.00	0.00
	, 4.0 oz															
Fruit, Fresh Wed 1	1 EACH	60	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Apples, Red, 138 ct, #9203	EACH	20	76	0	2	2.37	0.00	0.0	0	0.0	14	0.0	18.97	0.0	0.00	0.00
Apples, Green, 163 ct, #2645	EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
Apple, Sliced, Bags	EACH	1	26	0	7	0.44	0.20	6.2	0	0.0	*N/A*	0.2	5.99	0.12	0.00	*N/A*
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	4	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Milk,Choc, NF,90 ea./Hollandia	1 EACH	90	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Milk, FF	1 EACH	6	90	5	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Milk/PK/1/2 GAL/6 oz.	6 oz svg	1	71	9	75	0.00	0.00	200.0	350	0.0	9	5.73	8.49	1.65	1.08	*N/A*
Milk, Lactaid, 20ea/8oz	1 EACH	1	160	35	125	0.00	0.00	300.0	300	0.0	12	8.0	13.0	8.0	5.00	0.00
.....	...	0	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Barbeque Sauce	1 OZ	0	32	0	274	0.00	0.00	0.0	0	0.0	4	0.0	7.32	0.0	0.00	0.00

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Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch K-5

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/31/2017																
CD, Catsup	TBS.	15	20	0	160	0.00	0.00	0.0	100	1.2	4	0.0	5.0	0.0	0.00	0.00
CD, Dressing, Honey Mustard	SERVING 1 OZ	1	36	0	178	0.00	0.00	0.0	45	0.0	9	0.0	9.0	0.0	0.00	0.00
CD, Jalapenos,	1.35 OZ. SVG.	0	7	0	697	1.37	0.98	27.3	410	3.28	0	0.0	1.37	0.0	0.00	0.00
CD, Mayonnaise, Lite	1 OZ	0	51	6	98	0.00	0.22	19.0	492	0.33	1	0.0	2.32	4.63	0.58	0.00
CD, Mustard	1 tsp	0	0	0	60	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
CD, Pickles, Dill	.125 CUP	0	0	0	3	0.00	*N/A*	*N/A*	*N/A*	*N/A*	0	0.0	0.0	0.0	0.00	0.00
CD, Pico de Gallo/Salsa	.25 CUP	0	24	0	185	1.61	0.01	29.1	363	16.92	*2	0.78	5.91	0.05	0.00	*0.00
CD, Ranch Dressing - dispenser	Svg 2 Tbsp	20	151	9	227	0.00	0.00	0.0	0	0.0	1	0.0	0.94	16.06	2.83	0.00
CD, Sauce, Tapatio	TSP	0	0	0	4	0.01	0.01	0.1	3	0.12	*N/A*	0.01	0.07	0.0	0.00	*N/A*
CD, Tomato Slices	SERVING , 3.27oz	0	13	0	33	0.70	0.37	4.0	184	12.6	*N/A*	0.92	2.51	0.15	0.02	0.00
CD, Tomato, Fresh, Diced	SERVING , 3.66oz	1	15	0	37	0.78	0.41	4.5	206	14.1	*N/A*	1.03	2.81	0.17	0.02	0.00
Weighted Daily Average % of Calories			544	34	792	5.05	*3.59	*670.4	*2703	*16.53	*32 *23.6%	27.66 20.3%	66.67 49.0%	21.73 35.9%	8.08 13.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230		3.50	286.00	1120	15.00		10.00		<=35.0	<10.00	

Weighted Average			703	*174	*1289	*6.75	*5.29	*771.7	*3295	*45.35	*39 *49.4%	*45.19 *25.7%	*75.05 *42.7%	*23.92 *30.6%	*6.10 *7.8%	*0.07 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	703		550 - 650	108%			53	Correction Required - Calories too High
Cholesterol (mg)	174				Missing			
Sodium (mg)	1289		1230		Missing		59	Correction Required - Sodium too High
Fiber (g)	6.75				Missing			
Iron (mg)	5.29		3.50	151%	Missing			
Calcium (mg)	771.7		286.00	270%	Missing			
Vitamin A (IU)	3295		1120	294%	Missing			
Sugars (g)	39	21.94%			Missing			
Vitamin C (mg)	45.35		15.00	302%	Missing			
Protein (g)	45.19	25.71%	10.00	452%	Missing			
Carbohydrate (g)	75.05	42.69%			Missing			
Total Fat (g)	23.92	30.61%	<=35.00%		Missing			
Saturated Fat (g)	6.10	7.80%	<10.00%		Missing			
Trans Fat ¹ (g)	0.07	0.09%			Missing			

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