

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 1

Generated on: 5/3/2017 3:34:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017																
Breakfast in the Classroom	Total	800														
Bar, Breakfast, Oatmeal CC	1 EACH	800	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			290	20	240	3.01	1.80	20.5	1	0.05	*0	5.02	47.10	9.00	3.00	0.00
% of Calories											*0.1%	6.9%	64.9%	27.9%	9.3%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Tue - 05/02/2017																
Breakfast in the Classroom	Total	800														
Bar, Breakfast, Oatmeal Raisin	EACH	800	250	25	150	3.99	1.44	20.0	100	0.0	21	5.99	43.92	6.99	1.50	0.00
Apples, Green, 163 ct, #2645	1 EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			250	25	150	3.99	1.44	20.4	100	0.00	21	6.00	43.95	6.99	1.50	0.00
% of Calories											33.6%	9.6%	70.4%	25.2%	5.4%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Wed - 05/03/2017																
Breakfast in the Classroom	Total	800														
Pancakes, Mini, Maple	1 EACH	800	230	0	150	3.00	0.72	40.0	0	0.0	14	4.0	41.0	7.0	0.50	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			230	0	150	3.01	0.72	40.5	1	0.05	14	4.02	41.10	7.00	0.50	0.00
% of Calories											24.4%	7.0%	71.3%	27.4%	2.0%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 2

Generated on: 5/3/2017 3:34:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/04/2017																
Breakfast in the Classroom	Total	800														
Chex & String Cheese-BIC	SVG.	800	200	15	400	1.00	4.50	300.0	700	6.0	9	9.0	28.0	6.5	3.50	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			200	15	400	1.01	4.50	300.5	701	6.05	9	9.02	28.10	6.50	3.50	0.00
% of Calories											18.1%	18.0%	56.1%	29.2%	15.7%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Fri - 05/05/2017																
Breakfast in the Classroom	Total	800														
Cinnamon Roll, WG, IW	EACH	800	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.01	11.0	6.00	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			301	5	310	3.01	1.80	20.5	302	1.25	22	5.02	51.11	11.01	6.00	0.00
% of Calories											29.4%	6.7%	68.0%	33.0%	18.0%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Mon - 05/08/2017																
Breakfast in the Classroom	Total	800														
Bar, Peanut Butter & Jelly	EACH	800	300	0	220	4.00	1.44	20.0	70	0.0	14	9.0	32.0	17.0	3.50	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			300	0	220	4.01	1.44	20.5	71	0.05	14	9.02	32.10	17.00	3.50	0.00
% of Calories											18.7%	12.0%	42.7%	50.9%	10.5%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017																
Breakfast in the Classroom	Total	800														
Mexican Sweetbread	1 EACH	800	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	1.50	0.00
Apples, Green, 163 ct, #2645	1 EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			200	5	90	2.00	1.80	40.4	1	0.00	8	5.01	34.03	6.00	1.50	0.00
% of Calories											16.0%	10.0%	68.0%	27.0%	6.8%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Wed - 05/10/2017																
Breakfast in the Classroom	Total	800														
Cheese &Cinnamon Bitz	SVG.	800	280	30	470	2.00	1.08	420.0	400	0.0	9	16.0	24.0	15.5	7.00	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			280	30	470	2.01	1.08	420.5	401	0.05	9	16.02	24.10	15.50	7.00	0.00
% of Calories											12.9%	22.8%	34.4%	49.7%	22.5%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Thu - 05/11/2017																
Breakfast in the Classroom	Total	800														
Bar, Breakfast, Oatmeal CC	1 EACH	800	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			290	20	240	3.01	1.80	20.5	1	0.05	*0	5.02	47.10	9.00	3.00	0.00
% of Calories											*0.1%	6.9%	64.9%	27.9%	9.3%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 4

Generated on: 5/3/2017 3:34:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/12/2017																
Breakfast in the Classroom	Total	800														
Bar,Breakfast,Oatmeal Raisin	EACH	800	250	25	150	3.99	1.44	20.0	100	0.0	21	5.99	43.92	6.99	1.50	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			250	25	150	4.00	1.44	20.5	101	0.05	21	6.01	44.02	6.99	1.50	0.00
% of Calories											33.6%	9.6%	70.4%	25.2%	5.4%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Mon - 05/15/2017																
Breakfast in the Classroom	Total	800														
Pancakes,Mini, Maple	1 EACH	800	230	0	150	3.00	0.72	40.0	0	0.0	14	4.0	41.0	7.0	0.50	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			230	0	150	3.01	0.72	40.5	1	0.05	14	4.02	41.10	7.00	0.50	0.00
% of Calories											24.4%	7.0%	71.3%	27.4%	2.0%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Tue - 05/16/2017																
Breakfast in the Classroom	Total	800														
Chex & Fruit and Nut	1 EACH	800	361	0	190	6.02	5.95	140.2	500	6.0	30	8.02	60.13	11.54	2.01	0.00
Apples, Green, #2645	1 EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			361	0	190	6.02	5.95	140.6	501	6.00	30	8.04	60.15	11.55	2.01	0.00
% of Calories											33.3%	8.9%	66.6%	28.8%	5.0%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 5

Generated on: 5/3/2017 3:34:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017																
Breakfast in the Classroom	Total	800														
Cinnamon Roll, WG, IW	EACH	800	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.01	11.0	6.00	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			301	5	310	3.01	1.80	20.5	302	1.25	22	5.02	51.11	11.01	6.00	0.00
% of Calories											29.4%	6.7%	68.0%	33.0%	18.0%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Thu - 05/18/2017																
Breakfast in the Classroom	Total	800														
Bar, Peanut Butter & Jelly	EACH	800	300	0	220	4.00	1.44	20.0	70	0.0	14	9.0	32.0	17.0	3.50	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			300	0	220	4.01	1.44	20.5	71	0.05	14	9.02	32.10	17.00	3.50	0.00
% of Calories											18.7%	12.0%	42.7%	50.9%	10.5%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Fri - 05/19/2017																
Breakfast in the Classroom	Total	800														
Mexican Sweetbread	1 EACH	800	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	1.50	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			200	5	90	2.01	1.80	40.5	1	0.05	8	5.02	34.10	6.00	1.50	0.00
% of Calories											16.1%	10.0%	68.0%	27.0%	6.7%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 6

Generated on: 5/3/2017 3:34:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/22/2017																
Breakfast in the Classroom	Total	800														
Cheese & Cinnamon Bitz	SVG.	800	280	30	470	2.00	1.08	420.0	400	0.0	9	16.0	24.0	15.5	7.00	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			280	30	470	2.01	1.08	420.5	401	0.05	9	16.02	24.10	15.50	7.00	0.00
% of Calories											12.9%	22.8%	34.4%	49.7%	22.5%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Tue - 05/23/2017																
Breakfast in the Classroom	Total	800														
Bar, Breakfast, Oatmeal CC	1 EACH	800	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Apples, Green, 163 ct, #2645	1 EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			290	20	240	3.00	1.80	20.4	1	0.00	*0	5.01	47.03	9.00	3.00	0.00
% of Calories											*0.0%	6.9%	64.8%	27.9%	9.3%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Wed - 05/24/2017																
Breakfast in the Classroom	Total	800														
Bar, Breakfast, Oatmeal Raisin	EACH	800	250	25	150	3.99	1.44	20.0	100	0.0	21	5.99	43.92	6.99	1.50	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			250	25	150	4.00	1.44	20.5	101	0.05	21	6.01	44.02	6.99	1.50	0.00
% of Calories											33.6%	9.6%	70.4%	25.2%	5.4%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 7

Generated on: 5/3/2017 3:34:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/25/2017																
Breakfast in the Classroom	Total	800														
Pancakes,Mini, Maple	1 EACH	800	230	0	150	3.00	0.72	40.0	0	0.0	14	4.0	41.0	7.0	0.50	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			230	0	150	3.01	0.72	40.5	1	0.05	14	4.02	41.10	7.00	0.50	0.00
% of Calories											24.4%	7.0%	71.3%	27.4%	2.0%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Fri - 05/26/2017																
Breakfast in the Classroom	Total	800														
Chex & String Cheese-BIC	SVG.	800	200	15	400	1.00	4.50	300.0	700	6.0	9	9.0	28.0	6.5	3.50	0.00
Fruit, Assorted,What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			200	15	400	1.01	4.50	300.5	701	6.05	9	9.02	28.10	6.50	3.50	0.00
% of Calories											18.1%	18.0%	56.1%	29.2%	15.7%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Mon - 05/29/2017																
Breakfast in the Classroom	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Tue - 05/30/2017																
Breakfast in the Classroom	Total	800														
Bar, Peanut Butter & Jelly	EACH	800	300	0	220	4.00	1.44	20.0	70	0.0	14	9.0	32.0	17.0	3.50	0.00
Apples, Green, 163 ct, #2645	1 EACH	1	31	0	1	0.98	0.00	0.0	0	0.0	6	0.0	7.83	0.0	0.00	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk,1%,Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Escondido Union School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 8

Generated on: 5/3/2017 3:34:34 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			300	0	220	4.00	1.44	20.4	71	0.00	14	9.01	32.03	17.00	3.50	0.00
% of Calories											18.7%	12.0%	42.7%	51.0%	10.5%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Wed - 05/31/2017																
Breakfast in the Classroom	Total	800														
Mexican Sweetbread	1 EACH	800	200	5	90	2.00	1.80	40.0	0	0.0	8	5.0	34.0	6.0	1.50	0.00
Fruit, Assorted, What is left	EACH	1	267	0	6	8.17	0.55	39.3	677	36.76	43	2.48	67.79	0.8	0.21	0.00
.....	...	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Milk, 1%, Pouch 8oz. Hollandia	1 EACH	1	120	10	150	0.00	0.00	350.3	500	2.4	14	10.01	14.01	2.5	1.50	0.00
Weighted Daily Average			200	5	90	2.01	1.80	40.5	1	0.05	8	5.02	34.10	6.00	1.50	0.00
% of Calories											16.1%	10.0%	68.0%	27.0%	6.7%	0.0%
Nutrient Guideline			350-500		540									<=10.0	<10.00	

Weighted Average			261	11	232	3.01	1.92	93.2	174	0.97	*13	7.06	39.17	9.80	2.96	0.00
											*44.3%	10.8%	60.1%	33.8%	10.2%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	261		350 - 500	75%		89		Correction Required - Calories are Low
Cholesterol (mg)	11							
Sodium (mg)	232		540					
Fiber (g)	3.01							
Iron (mg)	1.92							
Calcium (mg)	93.2							
Vitamin A (IU)	174							
Sugars (g)	13	19.68%			Missing			
Vitamin C (mg)	0.97							
Protein (g)	7.06	10.83%						
Carbohydrate (g)	39.17	60.07%						
Total Fat (g)	9.80	33.81%	<=10.00%					
Saturated Fat (g)	2.96	10.20%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						
								Correction Required - Total Fat too High
								Correction Required - Sat. Fat too High

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.